**SAMPLE**

**National Nutrition Month® 2025**

Proclamation

Contact the office of your governor or mayor to set up an appointment with the executive assistant.   Explain that National Nutrition Month® is a nutrition education and information campaign created annually in March by the Academy of Nutrition and Dietetics. The campaign focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits.  Using this template, create a completed proclamation on your state or district dietetic association letterhead.   Most will be happy to use this proclamation as it stands.

(State or City) OF

EXECUTIVE OFFICE

##### PROCLAMATION

WHEREAS food is the substance by which life is sustained; and

WHEREAS the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS there is a need for continuing nutrition education and a wide-scale effort to

enhance healthy eating practices;

NOW, THEREFORE I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(Name), \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(Title)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, (City/State)

DO HEREBY PROCLAIM the month of March NATIONAL NUTRITION MONTH® in (City/State)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and I encourage all citizens to join the campaign

and become concerned about their nutrition and the nutrition of others in the hope of

achieving optimum health for both today and tomorrow.

IN WITNESS WHEREOF I have hereto set my hand and caused the Great Seal of the

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

to be affixed.

Done at the \_\_\_\_\_\_\_\_\_\_\_\_on this the \_\_\_\_\_\_\_\_day of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

Two thousand and twenty five.

By:

Title:

Attest:

Title: